

October 2026



The Middlesex-London Health Unit Library publishes this newsletter monthly for subscribers.

Note from the Library

Got questions? The librarians have answers! Whether you're stuck on a search, need help with references, or just have a burning question, we've got you covered. Starting this month, we're hosting **open office hours every Tuesday between 10:00 AM and 12:00 PM**.

Come visit us at the MLHU Library in Citi Plaza, send us a message on Teams, or give us a ring! Want to skip the wait? Email library@mlhu.on.ca to pre-book a quick 10–15 minute chat (in-person or on Teams) to guarantee a spot with a librarian. Office hours are perfect for quick questions. If you're tackling a more complex literature search, please book a consultation so we can dedicate the necessary time to your project.

Register for upcoming Middlesex-London Health Unit Library education sessions:

- **Intro to Library Services:** October 28th, 11:00 – 11:45 AM
- **Question Development:** November 9th, 1:00 – 2:00 PM

In this Issue

- Featured
 - Scholarly Articles
 - Grey Literature
 - Education
 - New Books
-



Featured

Demystifying public health advocacy:
Competency and collective action - *Canadian
Public Health Association*

Scholarly Articles

Not all articles may be freely available online.

Contact library@mlhu.on.ca to obtain full text or request the username and password for Virtual Library.

Breastfeeding

The Effectiveness of Parent-Targeted Digital Health Interventions on Breastfeeding Practices: Systematic Review and Meta-Analysis of Randomized Controlled Trials

Effects of Digital Health Interventions on Breastfeeding Rates, Self-Efficacy, and Knowledge: Systematic Review and Meta-Analysis

Chronic Disease Prevention

The Association Between Consumption of Foods/Food Groups and the Risk of Overweight/Obesity and Metabolically Unhealthy Obesity in Children and Adolescents: A Systematic Review and Meta-Analysis

Effects of exercise on metabolic risk, cardiovascular fitness, and body composition in elderly women of the past decade: A systematic review and meta-analysis

Climate Change

Climate Change as a Determinant of Mental and Physical Health: A Review

Communication

Health Message Receptivity and Health Disparities as a Multiple-Mind Problem: An Interpersonal Persuasion Approach

Emergency Management

Injury Prevention

Comparative effectiveness of exercise and cognitive interventions for fall prevention in older adults: a Bayesian network meta-analysis

Effectiveness of Parenting Programs in Preventing Child Maltreatment: A Systematic Review of Randomized Controlled Trials

Maternal Health

Addressing Perinatal Substance Use

Mental Health

Economic evaluations of preventive interventions for self-harm and suicide: A systematic review

The Impact of Racist Discourse on the Psychosocial Wellbeing of Refugees: A Systematic Review

Occupational Health and Safety

How are language and culture considered in workplace OHS practices and interventions? A scoping review

Oral Health

How Patients Define Quality in Dental Care: A Qualitative Systematic Review

Oral health promotion interventions for people who use drugs: A scoping review

Public Policy

A systematic review of model evaluation practices in multi-hazard vulnerability modeling

Vision programs for Canadian communities facing care barriers: A systematic review

Formal and informal science-policy interaction during public health emergencies of international concern: a scoping review

Sexual Health

Assessing Parents' Perceptions of Contraception for Their Adolescents in Communities of Color: A scoping review

Risk communication strategies during public health emergencies: a narrative review of frameworks, recent crises, and emerging challenges

Reproductive Autonomy and Postpartum Contraceptive Care for Individuals With Substance Use Disorder: A Scoping Review

Environmental Health

An umbrella review of public health interventions to mitigate air pollution and improve health outcomes in high-income countries

Substance Use/Tobacco Use

Canadian news media reporting on involuntary substance use treatment and its evidence, 2020–2025: “At the cutting edge of debate, science and policy”

Toxic Air Contaminant Emissions from Residential and Commercial Fossil Gas Appliances: A Systematic Review

Digital Interventions to Facilitate Screening, Brief Interventions, and Referral to Treatment for Substance Use Among Adolescents

Food and Nutrition

Functional milk: Trends, Innovations, and their public health impact for future nutrient enrichment

Primary Prevention Interventions for Problematic Substance Use in Adolescents: A Scoping Review

Health Equity

A systematic literature review to identify delivery strategies of digital health for low SEP populations

Vaccine-Preventable Diseases

Neurologic complications of vaccine-preventable diseases in children

Health Promotion Interventions Targeting Refugees Resettling in Major Resettlement Countries. A Scoping Review

Impact of Male Human Papillomavirus (HPV) Vaccination on HPV Infection and HPV-Related Diseases: A Systematic Review

Health Promotion

Outcomes of community health development/capacity building in community health by the nursing profession for public health: A scoping review

Vector-Borne Diseases

Arbovirus co-circulation and epidemiological convergence in a changing climate: challenges for surveillance, diagnosis and public health preparedness

Infectious Diseases

Burden of Invasive Meningococcal Disease: Evolving Epidemiology and Implications for Prevention Policy

[\(back to top\)](#)

Grey Literature

Business and Organizational Management

- [Our Favorite Management Tips on Learning from Failure](#) - Harvard Business Review

Emergency Management

- [Emergency Management Learning Resources: An Inventory for Public Health Capacity Building](#) - Public Health Ontario

Environmental Health

- [Building Healthy, Equitable & Climate Resilient Communities: 10 Municipal Case Studies](#) - Canadian Urban Environmental Health Research Consortium

Health Equity

- [A different kind of health equity: Creating conditions for action on the structural determinants of health](#) - National Collaborating Centre for Determinants of Health

Oral Health

- [Bridging the Gap: A Look at Oral Health and Access to Care in Canada Before the Canadian Dental Care Plan](#) - Public Health Agency of Canada

Substance Use/Tobacco Use

- [Substance Use: Community Interventions involving Coalitions or Partnerships to Prevent Substance Use among Youth, Updated 2026](#) - Community Preventive Services Task Force

[\(back to top\)](#)



Education

Upcoming Webinars: *registration may be required

[Connecting the Value of Public Health to Civic Participation](#)

October 1
11:30 am - 1:00 pm

[Challenging stigma toward people who use drugs](#)

October 1
12:00 pm - 1:00 pm

[Empowering Women to Succeed in Negotiations](#)

October 1
12:00 pm - 12:45 pm

[How Great Leaders Navigate a Changing Business Environment](#)

October 1
1:00 pm - 2:00 pm

[The impact of extended alcohol trading hours in Glasgow and Aberdeen](#)

October 5
7:45 am - 9:00 am

[Reimagining TB Contact Tracing in High-Burden Settings: An Implementation Science Approach](#)

October 5
12:00 pm - 12:50 pm

Who do we trust when it comes to vaccines?

October 6

8:00 am - 9:00 am

Pediatric Malnutrition Assessment Unmasked: SGNA and NFPE

October 6

12:00 pm - 1:00 pm

PHAC Respiratory virus immunization updates for the 2026–2027 season

October 6

12:00 pm - 1:00 pm

Strengthening HPV Vaccination Conversations with the Announcement Approach

October 6

12:00 pm - 1:15 pm

Glyphosate Science: Cancer, neurotoxicity & endocrine disruption

October 6

1:00 pm - 2:00 pm

Gender-Based Violence in a Migration and Refugee Context: Forms, Impacts, Barriers and Responses

October 6

1:00 pm - 2:30 pm

Advancing Accessible Health Information for Deaf, DeafBlind, and Hard of Hearing (DDBHH) Communities

October 6

2:00 pm - 3:00 pm

Oral cancer: prevention, screening and aftercare

October 6

2:00 pm - 3:00 pm

Policy in Action: Strengthening Canada's Response to Social Isolation and Loneliness in Older Adults

October 7

12:00 pm - 1:00 pm

Community Approaches to Addressing Measles and Vaccine Promotion in Canada

October 7

12:30 pm - 2:00 pm

Governing AI: The state of play

October 7

12:30 pm - 2:00 pm

Preventing Targeted Violence through a Public Health Approach

October 7

2:00 pm - 3:30 pm

Online Sports Betting - An Emerging Public Health Issue

October 13

12:00 pm - 1:00 pm

PHO Rounds: Fostering Trust through Risk Communication During Respiratory Pathogen Emergencies: Evidence-Informed Considerations for Public Health *check back for registration

October 13

12:00 pm - 1:00 pm

Tools for Youth Substance Use Prevention and Early Response

October 13

1:00 pm - 2:00 pm

Promoting Emotional Health and Preventing Suicide

October 13

12:00 pm - 1:00 pm

Organ Donation through the Lens of Public Health

October 14

3:00 pm - 4:00 pm

Current Progress in Vaccine Development Against *Klebsiella pneumoniae*

October 15

10:00 am - 11:00 am

Making Sense of AI: A Guide for Marketing Managers

October 15

11:30 am - 12:00 pm

Trends and Insights from Infection Prevention and Control Lapse Investigations Supported by Public Health Ontario [check back for registration](#)

October 20
12:00 pm - 1:00 pm

Extreme Heat and Health: Ramanathan Climate Conversation 2026

October 20
4:30 pm - 6:30 pm

Introducing Public Health Ontario's Modernized Hand Hygiene Program: Evidence-Informed Strategies for Improvement [*check back for registration](#)

October 21
12:00 pm - 1:00 pm

Reinventing Clinical Guidelines in the AI Era

October 21
12:00 pm - 1:30 pm

Building Foundations: A Beginner's Guide to Program Evaluation in Public Health

October 21
1:00 pm - 2:00 pm

Supporting Healthy Aging Through NORC Registry Data

October 21
1:00 pm - 2:30 pm

Does racism affect risk of psychosis?

October 22
8:00 am - 9:00 am

GRACE-Epi Monthly Methods: Analysing Big Qualitative Data

October 22
8:00 am - 9:00 am

Street Drugs Discussions: Ketamine

October 23
7:00 am - 8:00 am

An Evaluation on the Implementation of the National Overdose Response Service (NORS)

October 26
12:00 pm - 1:00 pm

Strengthening Implementation Science to Enhance and Accelerate Its Contributions to Improved Health

October 26
12:00 pm - 1:00 pm

Can Participatory Arts Improve Public Health?

November 4
10:00 am - 11:00 am

Tuberculosis and Climate Change: Implications for Research, Policy, and Practice

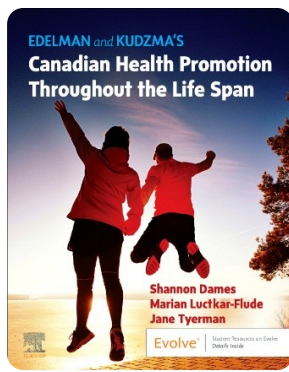
November 4
10:00 am - 11:00 am

For all tomorrow's survivors: Computer security in interpersonal threat models

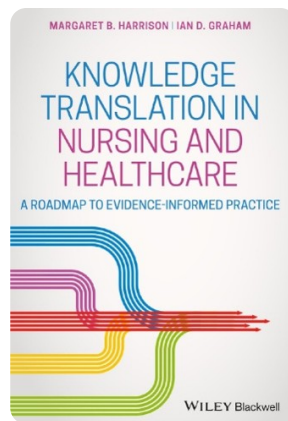
November 4
12:30 pm - 2:00 pm

[\(back to top\)](#)

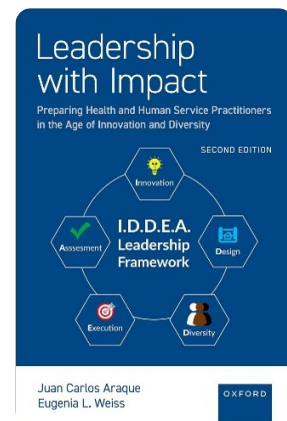
New Books



Edelman and Kudzma's
Canadian health promotion
throughout the life span



Knowledge translation in
nursing and healthcare



Leadership with Impact:
Preparing Health and Human
Service Practitioners in the Age
of Innovation and Diversity



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