

September 2026



The Middlesex-London Health Unit Library publishes this newsletter monthly for subscribers.

In this Issue

In recognition of the National Day for Truth and Reconciliation on September 30th, several of the resources below focus on Indigenous health topics, decolonization, and truth and reconciliation. If you are looking for more resources on Truth and Reconciliation, check out the [National Centre for Truth and Reconciliation's Lunch and Learns September 21 – 25, 2026](#) or our physical copy of the *Final report of the Truth and Reconciliation Commission of Canada: Volume one: Summary*.

As a reminder, please email Library@mlhu.on.ca if there are any books or physical resources that might be helpful for your work that could be added to the MLHU collection.

- [Featured](#)
- [Scholarly Articles](#)
- [Grey Literature](#)
- [Upcoming Webinars](#)
- [On-demand Webinars](#)
- [New Books](#)



Featured

[Reconciliation and Public Health - National Collaborating Centre for Indigenous Health](#)

Scholarly Articles

Not all articles may be freely available online.

Contact library@mlhu.on.ca to obtain full text or request the username and password for Virtual Library.

Breastfeeding

Mothers' experiences of unwanted early cessation of breastfeeding: a scoping review

Chronic Disease Prevention

Alcohol-Related Liver Disease: A Review

Discrimination Against Asian Americans and its Impact on Lifestyle Risk Factors for Cardiovascular Disease: A Scoping Review

Communication

Harnessing social marketing for indigenous well-being: A systematic review of global evidence from Scopus and Web of Science indexed research

Data Governance

Promoting self-determined Indigenous data governance in Canada: The Métis Health Research and Data Governance Principles

Emergency Management

Inclusive Crisis Communication: Addressing Diverse Audiences in the Digital Age

Environmental Health

A Systematic Review on Classification, Exposure Pathways of Micropollutants in the Aquatic Environment, and Its Associated Human Health Risks

Remote-sensing technologies for air pollution monitoring in the USA: A comprehensive review

Perceptions of water insecurity and psychosocial distress in Indigenous communities: A qualitative systematic review analysis

Food and Nutrition

Online sources of health-related traditional knowledge: Content for a traditional medicine library

Injury Prevention

Application of Mobile Health Technologies to Prevent Unintentional Childhood Injuries: Scoping Review

Maternal Health

Effect of empowerment interventions on health literacy and health behaviors of pregnant women: A systematic review and meta-analysis

Interpersonal, Community/Environmental, and Societal Risk and Protective Factors for Gestational Diabetes and Hypertensive Disorders of Pregnancy Among Black Women in the United States: A Systematic Review

Mental Health

A systematic review of the prevalence and correlates of mental and substance use disorders in first nations peoples in Australia, New Zealand, Canada and the United States of America

Measurement of social and emotional wellbeing and mental health outcomes in first nations children: A systematic review

Oral Health

Cost-Effectiveness of Population-Level Fluoride Policies: A Systematic Review of Health and Economic Outcomes

Decolonising Global Oral Health for Health Equity: A Scoping Review of the Global North Literature

Sexual Health

A scoping review of Indigenous Peoples' conceptualization of HIV pre-exposure prophylaxis in Australia, Canada, New Zealand and the United States and its applications to Canada

[Food systems literacy in Indigenous health and nutrition](#)

[Decolonizing the Narrative of Indigenous Food Sovereignty: A Scoping Review](#)

Health Promotion

[Towards a decolonising implementation science: Principles from Indigenous leadership](#)

[Decolonising global health through implementation science: Defining the path to equity and structural transformation](#)

Health Equity

[A systematic scoping review for decolonial public and global health: Indigenous frameworks and models of wellbeing from Turtle Island and Moananuiākea](#)

[Cultural safety in practice: Providing quality health care for First Nations, Inuit, and Métis children and youth](#)

[Decolonization and Health Systems: A Scoping Review](#)

Infectious Diseases

[Five years of SARS-CoV-2 evolution: Variants, mechanisms, and public health challenges](#)

[Recommendations for Prevention and Control of Influenza in Children, 2026–2027: Technical Report](#)

[Sexual and Reproductive Health among Indigenous Youth in Canada: A Scoping Review of Determinants and Opportunities](#)

Substance Use/Tobacco Use

[Harm reduction approaches within Indigenous communities across Turtle Island: A scoping review of peer-reviewed and grey literature](#)

[Heavy metals in nicotine-containing products: Sources, exposure, and health risks](#)

[Intervention Models and Behaviour Change Techniques to Reduce the Risk of Alcohol Exposed Pregnancies: A Systematic Review of Interventions for Non-pregnant Women](#)

Vaccine-Preventable Diseases

[Interventions to improve pre-school vaccination timeliness: A systematic review](#)

[Pharmacists' contribution to improving vaccination uptake among children: A systematic review](#)

[A Systematic Review and Meta-Analysis of the Effectiveness of Physical Interventions Administered Orally for Infants for Reducing Distress During Vaccine Injections](#)

Vector-Borne Diseases

[Companion Animal Vaccine Hesitancy](#)

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Grey Literature

Emergency Management

- [Long-term health impacts of evacuations and widening inequities in Canada: An annotated bibliography](#) - National Collaborating Centre for Environmental Health

Environmental Health

- [Floation tanks](#) - National Collaborating Centre for Environmental Health

Health Promotion

- [Art and Indigenous health and well-being: Arts-based research strategies](#) - National Collaborating Centre for Indigenous Health
- [Principles for Engaging with First Nations, Inuit and Métis: Chief Public Health Officer Health Professional Forum](#) - Public Health Agency of Canada

Infectious Diseases

- [Detections of highly pathogenic avian influenza in Canada](#) - Canadian Food Inspection Agency

Vector-Borne Diseases

- [Transmission of selected arboviruses through substances of human origin \(SoHO\)—A scoping review](#) - European Centre for Disease Prevention and Control

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Education

Upcoming Webinars: *registration may be required

[Who Can We Trust For Vaccine Information?](#)

September 9
12:00 pm - 1:00 pm

[From High Potential to High Impact: Building Your Leadership Pipeline](#)

September 9
1:00 pm - 2:00 pm

[PHO Rounds: The Cancer Prevention Potential of Alcohol Policy and the Economic Cost of Alcohol use in Canada](#) **check back for registration*

September 10
12:00 pm - 1:00 pm

[Climate conversations: Buildings](#)

September 10
3:00 pm - 4:00 pm

[Health System Transformation: Strengthening Northern & Rural Nursing for Meaningful System Change](#)

September 14
12:00 pm - 1:00 pm

[Human Milk Banking: A Pathway to Combat Infant Mortality](#)

September 15
12:00 pm - 1:00 pm

[The Feedback Gap: What Employees Need From Leaders Today](#)

September 15
12:00 pm - 1:00 pm

[Caring for Women with Vulvar HPV Disease: From Prevention to Quality of Life](#)

September 16
10:00 am - 11:30 am

[Highlights from the 26th International AIDS Conference](#)

September 16
10:00 am - 11:00 am

[Climate change & mental health: Navigating eco-distress & building resilience](#)

September 17
12:00 pm - 1:00 pm

Greatest Crimes in Statistics

September 17
2:00 pm - 3:00 pm

Shaping Vaccine Discourse Online: How Vaccine Discourse Champions Set the Agenda

September 17
2:00 pm - 3:00 pm

Falls Prevention Toolkit in Action

September 18
1:00 pm - 1:45 pm

From Point of Care to Practice Change: Antimicrobial Stewardship for Dental Conditions

September 22
1:00 pm - 2:00 pm

Social Infrastructure: The People, Places and Things of Healthy Living

September 22
3:00 pm - 4:00 pm

“A different kind of health equity” Highlights from the fourth NCCDH environmental scan

September 23
12:00 pm - 1:00 pm

Multi-Sectoral Partnership in Action Breaking Silos: Tools for Cross-Sector Collaboration

September 23
1:00 pm - 2:00 pm

Toward vaccine equity: Commercial forces, technological platforms and the race to develop the Bundibugyo Ebola vaccine

September 24
12:00 pm - 1:00 pm

Generating evidence for collaboratives as a strategy to optimize HIV testing and other evidence-based services in the St. Louis system

September 24
1:00 pm - 2:00 pm

The Walrus Talks The Billionaire Problem

September 24
7:00 pm - 9:00 pm

Reimagining the 2025 Planetary Health Diet Through an Indigenous Food Sovereignty Lens: A Settler Perspective

September 28
12:00 pm - 1:00 pm

Pediatric Malnutrition Assessment Unmasked: SGNA and NFPE

October 6
12:00 pm - 1:00 pm

Glyphosate Science: Cancer, neurotoxicity & endocrine disruption

October 6
1:00 pm - 2:00 pm

Online Sports Betting - An Emerging Public Health Issue

October 13
12:00 pm - 1:00 pm

Organ Donation through the Lens of Public Health

October 14
3:00 pm - 4:00 pm

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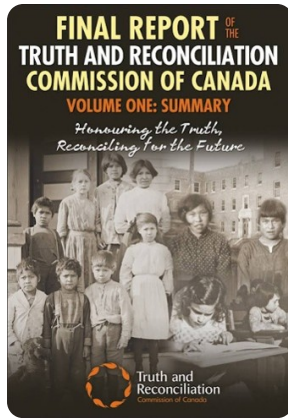


On-Demand Webinars:

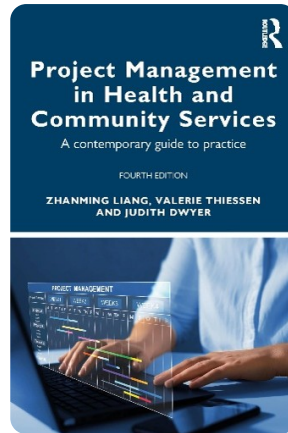
- Truth before reconciliation: How to identify and confront residential school denialism
- Promising practices in Indigenous community health promotion

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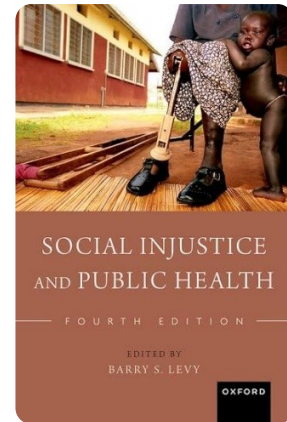
New Books



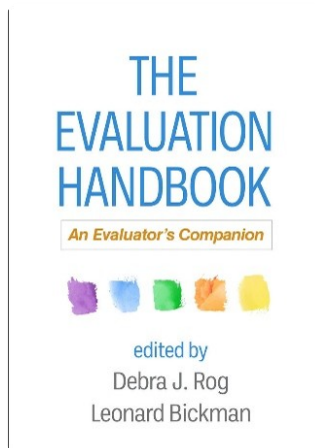
Final report of the Truth and Reconciliation Commission of Canada: Volume one: Summary



Project management in health and community services: a contemporary guide to practice



Social injustice and public health



The evaluation handbook: an evaluator's companion



The Middlesex-London Health Unit

Citi Plaza, 355 Wellington St, Suite 110, N6A 3N7, London

519-663-5317 | library@mlhu.on.ca

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