

Library Links

Monthly Public Health Resources Newsletter

In this issue

We're excited to welcome you to the first issue of Library Links for the new year! As we step into 2025, this month's issue comes without a specific theme, as January tends to be a quieter time in terms of public health awareness.

To learn more about what's happening in January, please visit the [HEART Multi-Faith/Cultural Calendar](#) and visit the Government of Canada [calendar of health promotion days](#).

Scholarly Articles

Not all articles may be freely available online.

Contact library@mlhu.on.ca to obtain full text or request the username and password for Virtual Library.

Chronic Disease Prevention

Evidence for exercise-based interventions across 45 different long-term conditions: an overview of systematic reviews.

Preventing ischemic heart disease in women: a systematic review of global directives and policies.

Food and Nutrition

Impact of Fruit and Vegetable Incentive Programs on Food Insecurity, Fruit and Vegetable Consumption, and Health Outcomes: A Community Guide Systematic Review.

Links Between Food Assistance Program Participation and Mental Health: A Systematic Review and Meta-Analysis.

Health Equity

Methods for evaluating intersectoral action partnerships to address the social determinants of health: a scoping review.

Health Promotion

An Overview of Health-Promoting Programs and Healthy Lifestyles for Adolescents and Young People: A Scoping Review.

Infectious Diseases

Mpox virus infection in women and outbreak sex disparities: A Systematic Review and Meta-analysis.

Injury Prevention

Falls prevention interventions for community-dwelling older adults: systematic review and meta-analysis of benefits, harms, and patient values and preferences.

Mental Health

The Socio-Ecological Factors Associated with Mental Health Problems and Resilience in Refugees: A Systematic Scoping Review.

Oral Health

Barriers and Facilitators to Dental Care Services Utilization Among Children With Disabilities: A Systematic Review and Thematic Synthesis.

Impact of Oral Hygiene Practices in Reducing Cardiometabolic Risk, Incidence, and Mortality: A Systematic Review.

Reproductive / Sexual Health

Promoting sexual health in schools: a systematic review of the European studies.

Sexual and reproductive health guidelines for Black girls: a call to action.

School Health

How to get children moving? The effectiveness of school-based interventions promoting physical activity in children and adolescents – A systematic review and meta-analysis of randomized controlled- and controlled studies.

Nurse-Involved Policy, Systems, and Environmental School-Based Interventions for Supporting Healthy Nutrition and Obesity Prevention Among Children and Adolescents: A Systematic Review.

Substance Use/Tobacco Use

Effectiveness and Experience of Implementing Digital Interventions to Promote Smoking Cessation Among Adults With Severe Mental Illness: A Systematic Review and Meta-analysis.

Exploring and describing alcohol harm reduction interventions: a scoping review of literature from the past decade in the western world.

Predictors and outcomes of adolescent alcohol and drug use: a scoping review.

Vaccine-Preventable Diseases

Effectiveness of EV-A71 Vaccine and Its Impact on the Incidence of Hand, Foot and Mouth Disease.

Effectiveness of General Practitioners' Involvement in Adult Vaccination Practices: A Systematic Review and Meta-Analysis of International Evidence.

Vector-Borne Diseases

Historical Summary of Tick and Animal Surveillance Studies for Lyme Disease in Canada, 1975-2023: A Scoping Review.

Meta-analysis of tick-borne and other pathogens: Co-infection or co-detection? That is the question.

Preventive interventions on vector-borne diseases related to climate change: an Umbrella review.

Grey Literature

Chronic Disease Prevention

Launching Lifelong Health by Improving Health Care for Children, Youth, And Families - *National Academies of Sciences, Engineering, and Medicine*

Environmental Health

Fermented foods safety guidance: A new resource for public health practitioners - *National Collaborating Centre for Environmental Health*

Communicating risks to health from environmental hazards – General guidance for environmental public health professionals - *Environmental Health Standing Committee (enHealth) of the Australian Health Protection Committee*

Health Equity

Overview of Equity-Informed Approaches to Evidence Synthesis - *Public Health Ontario*

Health Promotion

Understanding and Addressing Misinformation About Science - *National Academies of Sciences, Engineering, and Medicine*

Housing and Homelessness

Municipalities under pressure: The human and financial cost of Ontario's homelessness crisis - *HelpSeeker*

Substance Use/Tobacco Use

Harm reduction and its role in improving health outcomes in an era of fentanyl - *The Brookings Institution*

Opioid- and Stimulant-related Harms in Canada - *Public Health Agency of Canada*

Review of Evidence on Alcohol and Health - *National Academies of Sciences, Engineering, and Medicine*

Surveillance

Increasing the Utility of Wastewater-based Disease Surveillance for Public Health Action: A Phase 2 Report - *National Academies of Sciences, Engineering, and Medicine*

Vaccine-Preventable Diseases

Vaccine Safety in Ontario Infographic - *Public Health Ontario*

Featured



[This Podcast Will Kill You: Scarlet Fever: You've changed](#)



[Public Health Epidemiology Conversations: Celebrating Wins And Embracing The Unexpected](#)

Education

Up-Coming Webinars:

*registration may be required.

Ye clouds, who are the ornament of heaven: Unpacking the structural determinants of health

January 15
11:00 am - 12:00 pm

Introduction to Community Safety & Well-Being

January 15
1:30 pm - 3:00 pm

Building Social Connections: Designing multi-unit housing for social well-being

January 15
3:00 pm - 4:00 pm

Infectious Disease Outbreaks and Impact on LGBTQIA+ People

January 16
12:00 pm - 1:00 pm

Climate Change & Youth Mental Health: Impacts and Opportunities for Action

January 21
8:00 am - 9:00 am

Engage, Educate, Empower: Co-Designing a Digital Tool for Youth Mental Health Literacy

January 22
11:00 am - 12:00 pm

From Stigma to Support: Equipping Communities with Harm Reduction Strategies to Prevent HIV & STIs

January 22
12:00 pm - 1:00 pm

Killer Smog: The history of air pollution and occupational health

January 22
3:00 pm - 4:00 pm

Psychological Care for the Caregiver in Public Health Emergency Response: Best Practice Considerations

January 23
12:00 pm - 1:00 pm

Addressing Human Trafficking in Your Community: Youth-Centric Prevention Education

January 23
2:00 pm - 3:00 pm

Rural-to-urban migration: A new poverty trap?

January 28
10:00 am - 11:00 am

Protecting Our Children from Environmental Hazards

January 29
12:00 pm - 1:00 pm

New Frontiers on RSV Infant Disease Prevention: What Organizations Need to Know to Ensure Equitable Access for Newcomer Children

January 29
1:00 pm - 2:00 pm

Supporting Clients with Mental Health Challenges

January 29
3:00 pm - 4:00 pm

Caring for Trans, Two-Spirit and Non-Binary (TTNB) Youth

February 12
11:00 am - 12:00 pm

Understanding and Addressing Black Racial Trauma in Communities

February 12
12:00 pm - 1:00 pm

Public Health Decision Making: Using the Health Impact Pyramid

February 12
1:00 pm - 2:00 pm

Co-Designing Integrated and Equitable Supports for Newcomers & Refugees

February 12
1:00 pm - 2:00 pm

On-Demand Learning:

Designing Effective Health Behaviour Change Interventions

How to develop public health interventions designed for diverse populations

We would love to hear your [feedback](#) on our latest newsletter!

Click [here](#) to view previous issues of Library Links.

[Middlesex-London Health Unit Library](#)

Library@mlhu.on.ca | ext. 5320