

Library Links

A bi-weekly public health current awareness newsletter

8 July 2019
Vol. 7 Iss. 14

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Reproductive / Sexual Health

*Long-acting reversible contraception [clinical guideline]– *NICE*

Effect of follow-up intervals on breastfeeding rates 5-6 months postpartum: a randomized controlled trial – *Breastfeeding Medicine*

Incidence and associated factors of chronic pain after caesarean section: a systematic review - *JOGC*

Public Health Methods

*A population-based approach to integrated healthcare delivery: a scoping review of clinical care and public health collaboration – *BMC Public Health*

*Making hard choices in local public health spending with a cost-benefit analysis approach – *Frontiers in Public Health*

*Health matters: prevention – a life course approach – *Public Health England*

Mental Health

*Caring for healthcare workers: a resource for Canadian healthcare organizations to access and promote workplace psychological health and safety – *Mental Health Commission of Canada*

*Depression in children and young people: identification and management [guideline] – *NICE*

Changing rates of self-harm and mental disorders by sex in youths presenting to Ontario emergency departments: repeated cross-sectional study – *Canadian Journal of Psychiatry*

Chronic Disease Prevention

*Physical activity: encouraging activity in the community [quality standard] – *NICE*

The current and future burden of cancer attributable to modifiable risk factors in Canada: summary of results – *Preventive Medicine*

*Are physical activity interventions for healthy inactive adults effective in promoting behavior change and maintenance, and which behavior change techniques are effective? A systematic review and meta-analysis – *Translational Behavioral Medicine*

*Effects of breakfast on weight and energy intake: systematic review and meta-analysis of randomized controlled trials – *BMJ*

Environmental interventions to reduce the consumption of sugar-sweetened beverages and their effects on health – *Cochrane Database of Systematic Reviews*

*Mobile health applications for weight management: a systematic literature review – *American Journal of Preventive Medicine*

*Pain relief medication containing opioids, 2018 – *Statistics Canada*

Hypnotherapy for smoking cessation – *Cochrane Database of Systematic Reviews*

*Prevalence of vaping and smoking among adolescents in Canada, England, and the United States: repeat national cross sectional surveys – *BMJ*

Substance Abuse / Tobacco Use